



Republic of the Philippines
Department of Education
REGION IV- A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

03 August 2026

DIVISION MEMORANDUM
No. **519** s. 2026

**LIST OF PARTICIPANTS IN THE TRAINING ON PSYCHOTHERAPY
FOR EMERGENCY RESPONDERS**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

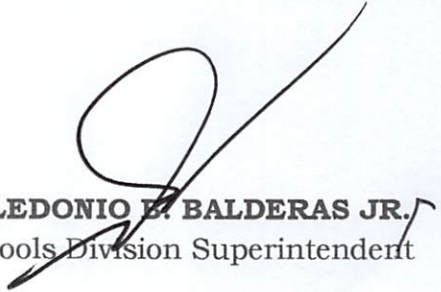
1. Pursuant to **DepEd Order No. 14, s. 2020, Implementing Guidelines on the School-Based Mental Health Program**, and consistent with the Department of Education's commitment to ensuring the safety, protection, and well-being of learners and personnel, the conduct of the **Training on Psychological First Aid (PFA)** is essential in strengthening the capacity of school personnel and emergency responders to address the psychosocial needs of individuals affected by emergencies, disasters, and other critical incidents, this Office, through the School Governance and Operations Division, informs the field of the upcoming training entitled: **Training on Psychotherapy for Emergency Responders on August 4 to 7, 2026, at Training Room 2, New City Hall, Brgy. Baguio, Tayabas City.**

2. This activity aims to equip participants with the fundamental knowledge and practical skills necessary to provide immediate psychological support to individuals experiencing emotional distress following emergencies, disasters, or traumatic events. It will enhance participants' competencies in Psychological First Aid (PFA), effective communication, active listening, crisis intervention, and appropriate referral procedures, while promoting resilience, recovery, and overall mental well-being among affected individuals.

3. Attached in this Memorandum is Enclosure 1, list of participants.

4. Travel expenses relative to the conduct of this activity shall be charged against the schools' Maintenance and Other Operating Expenses (MOOE) or local funds whichever is available. All expenses are subject to the usual accounting and auditing rules and regulations.

5. For further queries and clarification, you may contact **Ariel C. Cabuyao**, PDO II at 09338177135 or ariel.cabuyao@deped.gov.ph.
6. Immediate dissemination of and strict compliance to this Memorandum is desired.


CELEDONIO B. BALDERAS JR.
Schools Division Superintendent

Encl.: As stated

Reference: DepEd Order No. 14 s. 2020

To be indicated in the Perpetual Index
under the following subjects:

MENTAL HEALTH
TRAINING

SGOD- list of participants in the training on psychotherapy for emergency responders
REC99NLS-009777/August 03, 2026

Enclosure 1

LIST OF PARTICIPANTS

No.	Participants	Position/Designation	School/Office
1.	Mila Rosa B. Pabularcon	PDO I/ School DRRM Alternate Coordinator	SPES/WPES/EPES
2.	Ma. Theresa P. Eslacin	PDO I/ School DRRM Alternate Coordinator	TECS/TWCS-II/ TWCS-III
3.	Frenalyne B. Tabernilla	PDO I/ School DRRM Alternate Coordinator	TWSC-I/IAES/ TWCS-IV
4.	Jobelle L. Maningas	PDO I/ School DRRM Alternate Coordinator	FELES/CIS/GES
5.	Shalom Grace S. Quinsanos	Administrative Aide III	LPIHS
6.	Gian Joseph J. Romero	SNED Coordinator	LPIHS
7.	Ma. Goddesa A. Gabatin	Go STAN	SGOD
8.	Jade Ann Murillo	Administrative Aide I	TWCS II
9.	Maria Madel C. Rubia	Assistant School Head Designate	BANHS
10.	Wilma G. Zaide	Assistant School Head Designate	DIS
11.	Marvin J. Rosales	Assistant School Head Designate	WPNHS
12.	Maricel L. Abella	Assistant School Head Designate	TECS
13.	Ariel C. Cabuyao	PDO II	SGOD



Schools Division Office - Tayabas City
RECORDS SECTION

RECEIVED

BY: OLIVE G. DIVINAGRACIA
DATE: JUL 22 2026
Control No. 138

CITY SOCIAL WELFARE AND DEVELOPMENT OFFICE

To: CELEDONIO B. BALDERAS JR.
School Division Superintendent, DEPED

From: CGDH1 / City Social Welfare and Development Officer

Subject: Invitation for Training on Psychotherapy for Emergency Responders

Date: July 22, 2026

Emergencies such as natural disasters, armed conflict, displacement, and pandemics have devastating effects not only on physical well-being but also on the **mental health and psychosocial condition** of individuals. Children and other vulnerable groups are at heightened risk of experiencing trauma, anxiety, depression, grief, and post-traumatic stress disorder (PTSD), which, if left unaddressed, may impair development, coping mechanisms, and recovery.

This training aims to equip responders, frontline personnel, and community volunteers with fundamental knowledge and practical skills in providing immediate psychological support to individuals experiencing emotional distress following emergencies, disasters, or traumatic events. Participants will learn essential techniques in psychological first aid, effective communication, active listening, crisis response, and appropriate referral procedures while promoting resilience and mental well-being.

In line with this, we are pleased to invite **Twelve (12)** of your DRRM Coordinators from different school to participate in the **Training on Psychotherapy for Emergency Responders**, which will be held on **August 4-7, 2026**, from **8:00 AM onwards** at **Training Room 2, New City Hall, Tayabas City**.

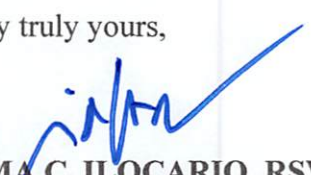
Your participation is highly valued as it will strengthen our collective capacity to provide compassionate, timely, and effective psychosocial support within our communities.

Kindly confirm your attendance on or before **July 30, 2026** by contacting **Winald O. Quinsanos** at **(042)797-3800** or **cswdo@tayabas.gov.ph**.

We look forward to your positive response and active participation in this meaningful learning opportunity.

Thank you, and we hope to see you at the training.

Very truly yours,


IRMA C. ILOCARIO, RSW
City Social Welfare and Development Officer

Telefax No.: (042) 797-3800

Email add: cswdo@tayabas.gov.ph

Office Address: Ground Floor, New Tayabas City Hall